

2023 Fall / Winter Schedule

ELITE KARATE <i>Schedule Effective 8/14/2023-12/31/23</i>	MON.	TUE.	WED.	THR.	FRI.	SAT.
<i>Little Dragons 3 - 5 years</i>			6:00 to 6:30 PM			9:30 to 10:00 AM
<i>KinderKicks 5 - 7 years (All Belts)</i>	4:00 to 4:40 PM		4:00 to 4:40 PM		4:00 to 4:40 PM	
<i>KidKicks 7 - 12 years Beginner (White, Yellow, Orange, Purple)</i>	4:50 to 5:30 PM	5:20 to 6:00 PM		5:20 to 6:00 PM	4:50 to 5:30 PM	
<i>KidKicks 7 - 12 years Intermediate (Green, Blue, Brown)</i>	5:40 to 6:20 PM		5:10 to 5:50 PM			
<i>KidKicks 7 - 12 years Advanced (Red/Brown, Red)</i>		4:30 to 5:10 PM		4:30 to 5:10 PM		
<i>Boot Camp (Red/Black Belt)</i>		6:00 to 7:00 PM		6:00 to 7:00 PM		
<i>Probationary Black Belt</i>						
<i>Black Belt</i>		7:00 to 8:00 PM		7:00 to 8:00 PM		
<i>Teens & Adults / Open Class</i>	6:30 to 7:30 PM		6:30 to 7:30 PM			10:00 to 11:00 AM
<i>Introduction Class</i>			4:40-5:10 PM			11:45 to 12:15 PM
<i>Sparring</i>						11:00 to 11:45 AM
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